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Energy transfers and reflection of infragravity waves at a dissipative beach under storm waves

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Key Points:

- Very large IG waves are observed at a dissipative beach under a storm, long-period swell and are driven by the bound wave mechanism
- In the surf zone, IG wave energy is transferred not only towards superharmonic but also subharmonic frequencies
- IG wave reflection is tidally-modulated and almost full at high tide due to the increase in beach slope

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Abstract

This study presents unpublished field observations of infragravity waves, collected at the dissipative beach of Saint-Trojan (Olérion Island, France) during the storm Kurt (03/02/2017), characterized by incident short waves of significant heights reaching 9.5 m and peak periods reaching 22 s. Data analysis reveals the development of exceptionally large infragravity waves, with significant heights reaching 1.85 m close to shore. Field observations are complemented by numerical modelling with XBeach, which well reproduces the development of such infragravity waves. Model results reveal that infragravity waves were generated mainly through the bound wave mechanism, enhanced by the development of a phase lag with the short wave energy envelope. Spectral analysis of the free surface elevation shows the generation of superharmonic and subharmonic infragravity waves, the latter dominating the free surface elevation variance close to shore. Modelling results suggest that subharmonic infragravity waves result, at least partly, from infragravity-wave merging, promoted by the combination of free and bound infragravity waves propagating across a several kilometer-wide surf zone. Due to the steeper slope of the upper part of the beach profile, observed and modeled reflection coefficients under moderate-energy show a strong tidal modulation, with a weak reflection at low tide ($R^2 < 0.2$) and a full reflection at high tide ($R^2 \sim 1.0$). Under storm waves, the observed reflection coefficients remain unusually high for a dissipative beach ($R^2 \sim 0.5 \sim 1.0$), which is explained by the development of subharmonic infragravity waves with frequencies around 0.005 Hz, too long to suffer a substantial dissipation.

1 Introduction

Infragravity (hereafter IG) waves are surface gravity waves with frequencies typically ranging from 0.004 to 0.04 Hz, related to the presence of groups in incident short waves [see Bertin et al., 2018, for a recent review]. IG waves are only a few mm to cm-high in the deep ocean [e.g. Rawat et al., 2014; Crawford et al., 2015; Smit et al., 2018] but can exceed 1.0 m close to shore under storm conditions [Ruessink, 2010; Fiedler et al., 2015; Inch et al., 2017]. Although not validated against field observations, the application of XBeach [Roelvink et al., 2009] to the SW of Olérion Island (France) by Baumann et al. [2017] even suggests that IG waves could exceed 2.0 m close to shore under very energetic, narrow-banded incident swells. Therefore, IG waves have an essential contribution to sandy beach [e.g. Gaza and Thornton, 1982; Elgar et al., 1992; Reniers et al., 2002; Ruessink et al., 1998a; Guedes et al., 2013] and tidal inlet hydrodynamics[Bertin and Olabarrieta, 2016; Bertin et al., 2019; Mendes et al., 2020], sediment transport [e.g. Russell, 1993; Aagaard and Greenwood, 2008; De Bakker et al., 2016a] and dune and barrier breaching [e.g. Roelvink et al., 2009], particularly under storm waves.

At dissipative beaches, IG waves usually dominate the spectrum of the free surface elevation close to shore [Gaza and Thornton, 1982; Russell, 1993; Ruessink et al., 1998b] and therefore control the development of large rump [Raubenheimer and Gaza, 1996; Ruessink et al., 1998b; Ruggiero et al., 2001] and overwash along the coast and subsequent washovers in low-lying zones [e.g. Baumann et al., 2017]. At such gently-sloping beaches, IG waves are mostly generated through the bound wave mechanism, which corresponds to second-order nonlinear wave-wave interactions that result in the development of long waves, out of phase with the energy envelope of the short waves. This mechanism was first demonstrated analytically in 1D by Biesel [1952] and Longuet-Higgins and Stewart [1962] and was then extended to 2D random waves by Hasselmann [1962]. These analytical solutions imply that the frequency of the resulting IG waves should decrease under narrow-banded and long-period incident short waves. Yet, Bertin and Olabarrieta [2016] observed relatively short-period IG waves (e.g. $T < 60$ s) under such incident short waves while other authors reported IG wave periods in the range 120 – 300 s under shorter period incident waves [e.g. De Bakker et al., 2014; Inch et al., 2017]. This apparent inconsistency suggests that the relationship between the shape of the incident short wave spectra and the frequency of IG waves is not straightforward. Also, these analytical solutions were derived considering a flat
bottom while for sloping bottoms, the bound waves increasingly lag behind the wave groups as and when the water depth decreases. This phase lag was observed in both field [e.g. List, 1992; Masselink, 1995; Inch et al., 2017] and laboratory experiments [Battjes et al., 2004; De Bakker et al., 2013; Padilla and Alsina, 2017] and was demonstrated semi-analytically [Janssen et al., 2003; Guérin et al., 2019]. Van Dongeren et al. [2007] showed that this phase lag enhances energy transfer from short waves to IG waves. This process is often referred to as ”bound wave shoaling”, which is somehow misleading because the resulting growth of IG waves is higher than the growth associated with conservative shoaling (i.e. Green’s Law).

In the surf zone, depth-induced breaking of short waves results in a shoreward reduction of short wave groupiness, which allows for the release of IG waves that then propagate as free waves [e.g. Janssen et al., 2003; Battjes et al., 2004]. Baldock [2012] proposed that bound wave release can only occur if short waves are in the shallow-water regime when breaking, which condition is not necessarily met under short period waves and/or storm conditions. Throughout their propagation in the inner surf zone of gently sloping beaches, IG waves transfer energy to higher frequencies and steepen, which promotes their dissipation through depth-limited breaking [Battjes et al., 2004; Van Dongeren et al., 2007; Lin and Hwang, 2012; De Bakker et al., 2014]. Several authors reported the saturation of wave runup in the IG band under storm waves [Ruessink et al., 1998b; Ruggiero et al., 2004; Sénéchal et al., 2011], possibly owing to IG wave dissipation close to shore. However, Fiedler et al. [2015] did not observe any runup saturation under comparable incident conditions and beach slope, suggesting that further research on IG wave dissipation is needed. IG wave energy that is not dissipated in the surf zone can be reflected along the shore, a process that was observed and quantified both in the field [Huntley et al., 1981; Guza and Thornton, 1985; Elgar et al., 1994; De Bakker et al., 2014; Inch et al., 2017] and in laboratory experiments [Battjes et al., 2004; Van Dongeren et al., 2007]. The reflection coefficient $R^2$, which corresponds to the ratio between the outgoing and the incoming IG wave energy, was shown to increase with the beach slope and with the period of incident IG waves [Van Dongeren et al., 2007]. As sandy beaches often exhibit steeper slopes in their upper part, a tidal modulation of IG wave reflection is expected and was already reported [Okihara and Guza, 1995]. Recent observations of free IG waves across the shelf of Oregon even revealed that such a tidal modulation can be strong in the deep ocean [Smit et al., 2018]. The frequency-dependence of IG wave dissipation and reflection processes produces large differences in the cross-shore structure of surface elevation spectra. Indeed, higher frequency IG waves tend to be progressive across the surf zone while lower frequencies tend to develop quasi-standing patterns due to a stronger reflection [De Bakker et al., 2014; Inch et al., 2017].

In a recent review paper, Bertin et al. [2018] pointed out that further research on IG waves was needed to better understand their generation mechanisms, their transformations across the surf zone and their reflection along the coast. This study aims to contribute to this effort and to answer more specifically the following questions: how large can IG waves be in the nearshore? What is the relationship between the shape of the incident short-wave spectra and the IG waves spectra along the coast? Do IG waves necessarily suffer strong dissipation and subsequent low reflection at a dissipative beach? To address these questions, we present the analysis of an unpublished dataset collected under storm-wave conditions at a dissipative beach located to the SW of Oléron island (France), complemented with numerical modelling using XBeach [Roelvink et al., 2009].

2 Study area

This study takes place at Saint-Trojan Beach, a dissipative beach located in the central part of the French Atlantic coast (Figure 1), along the south-western coast of Oléron Island. This stretch of coast corresponds to a 8 km-long sandspit, bounded to the South by the Maumusson Inlet [Bertin et al., 2005]. The continental shelf in front of the study area is about 150 km-wide, with a very gently sloping shoreface, the isobath 20 m being found...
about 10 km away from the shoreline. The tidal regime in this region is semi-diurnal and
macrotidal, with a tidal range varying between about 1.5 m during neap tides and 5.5 m dur-
ing spring tides. Tidal currents remain weak at the studied beach and the impact of tides on
short waves remains mostly restricted to water level variations. According to Bertin et al.
(2008), yearly-mean deep water wave conditions are characterized by a significant height
\(H_s\) of 2 m, a peak period \(T_p\) of 10 s and a mean direction of 285°N. During storms, \(H_s\)
can reach episodically 10 m in deep water and \(T_p\) can exceed 20 s with a westerly direction
[Bertin et al., 2015]. Due to the very gently sloping shoreface and the wide continental shelf,
the most energetic waves suffer strong dissipation and numerical wave models suggest that
their \(H_s\) hardly exceeds 5 m at the breaking point [Bertin et al., 2008].

The studied beach is mainly composed of fine and well sorted sands \(d_{50} = 0.18 – 
0.22 \text{ mm}\), which together with the energetic wave climate and the macrotidal range cause
its morphology to be non-barred and dissipative (Figure 1-B). Small-amplitude intertidal
bars can only develop after the persistence of fair weather conditions. Its slope typically
ranges from about 0.0015 at the shoreface to 0.015 in the intertidal area [Bertin et al.,
2008], although a berm usually develops during the course of the summer period, with a
slope reaching 0.04. Due to the persistence of low to moderate-energy wave conditions in
autumn 2016 and early winter 2017, such a berm was still present during our field campaign.
This gently sloping morphology and the presence of a shallow shoreface induce a strong wave
refraction, so that the wave angle at breaking is usually small, with typical values smaller
than 10° [Bertin et al., 2008].

3 Field campaign and data processing

The field campaign presented in this study was motivated by the development of the
storm Kurt, which started to deepen to the SE of the Newfoundland on the 31/01/2017 and
crossed the North Atlantic Ocean following an Eastward track, centered between 48° and
50°. Based on the CFSR reanalysis [Saha et al., 2010], Kurt reached a minimum sea-level
pressure around 955 mbar on the 02/02/2017 about 1000 km to the West of the Bay of Biscay,
accompanied with a \(\sim 500 \text{ km-wide band of western winds in the range 25 – 35 m.s}^{-1}\).
This atmospheric setting drove a very large and long period swell, that reached the French
coasts in the night of the 02/02/2017 to the 03/02/2017. At the deep water buoy of Biscay
(Figure 1-A), the mean wave period increased from 8.0 s to 13.0 s and \(H_s\) rapidly increased
from 3.0 m to almost 10.0 m, which value corresponds to a return period on the order of
one year [Nicolae-Lerma et al., 2015]. The wave hindcast described in Guérin et al. [2018]
suggests that the wave peak period \(T_p\) exceeded 20 s. The measurement period encompassed
four tidal cycles, from the 01/02/2017 to the 03/02/2017, characterized by a tidal range of
3.5 to 4 m. An Acoustic Doppler Current Profiler (ADCP1) with a frequency of 600 kHz
and equipped with a pressure sensor was deployed about 3 km offshore (Figure 1-B). In the
intertidal zone, 9 pressure transducers (PT) sampling at 4 Hz were deployed (Figure 1-C) as
well as a second ADCP (ADCP2), with a head frequency of 2 MHz mounted with a pressure
sensor at the location of PT3. The PTs were buried between 0.05 to 0.10 m of sand, in
order to avoid dynamic pressure errors. The position of each sensor was measured with a
differential GNSS, using a post-processing technique with a base station settled on the dune
crest in front of the instrumented profile [Guérin et al., 2018]. This GNSS was also used to
survey the intertidal beach topography at every low tide. The analysis of this data revealed
surprisingly small morphological changes for storm wave conditions, typically lower than
0.1 m along the cross-shore profile of the instruments.

For each sensor, bottom pressure measurements were first corrected for sea level atmos-
pheric pressure measured at the nearby meteorological station of Chassiron (Figure 1-A).
The entire record was split into consecutive bursts of 30 min and only the bursts in which the
Figure 1. (A) Location of the study area in the Bay of Biscay, with the Biscay buoy (■) and Chassiron Meteorological station (●). (B) Detailed bathymetry of the study area (m relative to mean sea-level), showing the location of the offshore ADCP1 (■) and the instrumented cross-shore profile (dashed line). The coordinates are in meter (Lambert-93 projection) (C) Zoom-in on the intertidal part of the instrumented cross-shore profile, showing the location of the instruments used in this study (+) with respect to the beach topography (blue line).
sensor was continuously submerged were considered. PT9 was never continuously submerged during more than 30 minutes and was therefore discarded for the present study. Bottom pressure power density spectra $P_T(f)$ were computed using Fast Fourier Transforms, with 10 Hanning-windowed, 50% overlapping segments (20 degrees of freedom). These pressure spectra were then converted into elevation spectra $E(f)$ considering linear wave theory [see for instance Bishop and Donelan, 1987]. The spectral significant wave height ($H_{m0}$) was computed as:

$$H_{m0} = 4\sqrt{m_0}$$

with

$$m_0 = \int_{f_{\text{min}}}^{f_{\text{max}}} E(f) df$$

where $f_{\text{max}}$ was set to 0.4 Hz, a value for which the pressure correction reaches about 13 by 3 m water depth, well below the threshold of 100 to 1000 recommended by Bishop and Donelan [1987]. $f_{\text{min}}$ is time-varying and defined following Roelvink and Stive [1989] or Hamm and Peronnard [1997] as half the continuous peak frequency $f_p$, computed from the offshore ADCP data as:

$$f_p = \frac{m_2}{m_0 - m_1}$$

where

$$m_k = \int_{f_{\text{min}}}^{f_{\text{max}}} f^k E(f) df$$

The continuous peak frequency was preferred to the discrete one because it is a more stable parameter, particularly under multimodal sea states, as it was the case at the beginning of the field campaign. As the incident peak period doubled during the field campaign, a fixed frequency cutoff would not have allowed for a proper separation between the gravity and the IG bands. In order to characterize the spatio-temporal variations of incoming IG wave frequencies, the mean IG wave period $T_{m_{02,IG^+}}$ was also computed based on the incoming IG wave signal, separated from the outgoing one at the ADCP2 and the ADV using the method of Guza et al. [1984]:

$$T_{m_{02,IG^+}} = \sqrt{\frac{m_0}{m_2}}$$

4 Numerical modelling

4.1 Model description

XBeach is a two-dimensional modelling system that couples a Saint-Venant solver with a simplified wave-action model and a sediment transport model to simulate the generation and propagation of IG waves and the associated dynamics [Roelvink et al., 2009]. Based on directional wave spectra provided along the open boundary, XBeach applies random phase summation to reconstruct time series of the free surface elevation. A Hilbert transform is applied to derive time-series of short-wave energy varying at the scale of wave groups and imposed as boundary conditions in the wave action model. IG waves are represented explicitly in the Saint-Venant model and are forced by the gradient of wave radiation stress computed from the wave model. The incoming bound-wave is computed following Herbers et al. [1994] and is imposed along the open boundary of the Saint-Venant model.

4.2 Model implementation

A rectilinear grid centered on the instrumented cross-shore profile and extending 4000 m in the alongshore direction was implemented. In the cross-shore direction, this grid starts from the dune crest and extends 11000 m offshore, corresponding to a mean water depth of about 23 m (Figure 1-B). The spatial resolution ranges from 20 m along the open...
boundary to 1 m in the beach upper part (Figure 1-B). A sensitivity analysis revealed that such a fine resolution was required to adequately represent IG waves in shallow water and their reflection along the shoreline. Along the offshore open boundary, XBeach was forced with time series of water levels recorded at ADCP1 (Figure 1-B). The wave model was forced with time-series of directional wave spectra, originating from a regional application of the WaveWatchIII model [Tolman, 2009] forced by wind fields from the CFSR reanalysis [Saha et al., 2010]. In deep water, Guérin et al. [2018] showed that this wave hindcast resulted in a normalized root mean squared discrepancy (hereafter NRMSD) of 10% for \( H_{max} \) and 6% for the mean wave period. Bottom friction was represented by a quadratic bottom shear stress with a constant Chezy coefficient set to 80 m\(^{0.5}\) s\(^{-1}\). The horizontal eddy viscosity was assumed constant (0.5 m\(^2\) s\(^{-1}\)) and the minimum water depth was set to 0.01 m. Depth-limited breaking in the wave model was represented using the model of Roelvink [1993a] with a breaking index \( \gamma \) adjusted to 0.38 after calibration. The model was run for the duration of the field experiment (3 days), and time series of short wave height, surface elevation and current velocities were archived at 2 Hz. In order to get insights into IG wave generation mechanisms, additional numerical experiments were performed, where wave forces were switched off either inside or outside the surf zone. The breaking formulation of Roelvink et al. [2009] was used to determine whether a computational node was located inside or outside the surf zone, i.e. if the local wave height was not exceeding the threshold \( H_{max} \) as defined in Roelvink [1993b]. In the bound wave case, wave forces were turned off inside the surf zone while in the breakpoint case, wave forces were turned off outside the surf zone and the incoming bound wave was not included along the open boundary, following Pomeroy et al. [2012] and Bertin and Olabarrieta [2016]. Lastly, additional 24 h-long simulations were run with constant water levels and wave forcing at specific times of the measurement period to provide sufficient resolution and number of degrees of freedom for spectral and bispectral analysis used to investigate IG wave energy transfers through nonlinear triad coupling. Spectral estimates were computed following the same methodology as for the field observations (section 3). Due to the random phase summation technique, a substantial scatter in terms of IG waves can be observed from one simulation to another. For model/data comparisons, bulk parameters computed from field observations were compared against the mean of a model ensemble of 10 realizations.

### 4.3 Model post-processing

Incoming and outgoing IG waves along the studied cross-shore profile were separated using a Radon transform [Radon, 1917]. This technique projects the two-dimensional wave field (here space corresponds to the studied cross-shore profile and time to 1800 s-long samples) into polar space [Yoo et al., 2011]. The Radon transform is a powerful tool to study nearshore waves as it allows the separation of incoming and outgoing wave fields on high-resolution data sets without any hypotheses on the hydrodynamics [e.g. Almar et al., 2014; Martins et al., 2017]. The energy conservation properties of the method were assessed by examining the ratio of energy computed using the sum of the separated signals and that of the original total signal. The relative difference never exceeded 4% and was 1.4% on average over the simulated period. Reflection coefficients \( R^2 \) were computed as the ratio between the outgoing and the incoming IG wave energy.

In order to analyze IG-wave generation mechanisms, the phase lag between the short wave energy envelope \( A \) and incoming IG waves \( \eta^+ \) was estimated using cross-spectral analysis:

\[
\phi_{f,x} = \arctan \left( \frac{\mathcal{I}\{C_{RA, \eta^+}(f, x)\}}{\mathcal{R}\{C_{RA, \eta^+}(f, x)\}} \right) \tag{6}
\]
where $C_T$ is the cross-spectrum of the short wave envelope $A$ and the incoming IG waves $\eta_{IG}$, separated along the studied cross-shore transect using the Radon transform described above and $I$ and $R$ are the imaginary and the real parts of the cross-spectrum. As this method provides a phase lag per frequency, the averaged values over the IG band (0.005 – 0.04 Hz) were considered, which eliminates the problem of selecting arbitrarily a single frequency while providing more stable phase lag estimates.

Possible energy transfers in the IG band were investigated through bispectral analysis, a technique originally introduced by Hasselmann et al. [1963] and then used in numerous IG wave studies [e.g. Elgar and Gaza, 1985; De Bakker et al., 2015]. Source terms for nonlinear energy transfers between frequencies $S_{nl}$ were computed using the stochastic formulation of the second order nonlinear wave interaction theory of Herbers et al. [2000]:

$$S_{nl,f} = \frac{3\pi f}{k} I \left\{ \left( \sum_{f'=0}^{f} \Delta f B_{f',f-f'} - 2 \sum_{f'=0}^{f_N-f} \Delta f B_{f',f} \right) \right\}. \tag{7}$$

where the term $\sum_{f'=0}^{f} B_{f',f-f'}$ represents the sum interactions in the imaginary part of the bispectrum $B$, and the term $-2 \sum_{f'=0}^{f} B_{f',f}$ represents the difference interactions, as a particular frequency can contribute simultaneously to both difference and sum interactions. The 24-h analyzed model samples allow computing these terms with 602 degrees of freedom and a spectral resolution of 0.0019 Hz. Further details on these analysis techniques can be found in Bertin et al. [2018].

5 Results

5.1 Characterization of short waves and IG wave heights

As explained above, the field campaign presented in this study was motivated by the development of the storm Kurt, which generated offshore $H_s$ of the order of 10.0 m with $T_p$ over 20 s. At the ADCP1 (Figure 1-A), the spectral significant wave height in the gravity band (hereafter $H_{m0,G}$) increased from 2.0 m at the beginning of the campaign to a maximum of 6.0 m on the 03/02/2017 (Figure 2-B). Over the same period, $T_p$ increased from 10 – 15 s to more than 20 s. The increase in $H_{m0,G}$ is well captured by XBeach, with a RMSD of 0.3 m and a NRMSD below 10%. In more detail, $H_{m0,G}$ is tidally modulated during the last tidal cycle, which suggests that the surf zone at low tide extended offshore of the ADCP1, located more than 3000 m from the shoreline. At the sensors deployed in the intertidal zone (PT1 to PT9), wave heights were depth-limited and therefore strongly tidally-modulated, with $H_{m0,G}$ roughly equal to half of the water depth (Figure 3). Wave heights are well reproduced by XBeach, with a mean RMSD of 0.12 m over the 8 intertidal sensors, which results in a NRMSD of 15% (Figure 5-A). Guérin et al. [2018] obtained slightly better predictions using an adaptive wave breaking parameterization, where the breaking index $\gamma$ increases with the bottom slope. Such a parameterization is not available in XBeach and in any case questionable for a spectral model resolving wave groups [e.g. Roelvink, 1993a].

Very large IG waves developed during the last tidal cycle, which corresponds to the arrival of the large swell generated by the storm Kurt. At the ADCP1 (Figure 1-B), $H_{m0,IG}$ ranged from 0.25 to 0.5 m during the first three tidal cycles and increased to a maximum of 1.2 m (Figure 2), a value undocumented for a water depth of 13 m. $H_{m0,IG}$ are well reproduced by XBeach, except during the second tidal cycle, where an underestimation by a factor of 2 can be observed (Figure 2). In the intertidal zone, IG waves also increased from about 0.5 m during the first three tidal cycles to a maximum of 1.85 m at PT6, with
**Figure 2.** Time series of observed (circles) and modeled (solid lines) bulk parameters and spectra at the location of the ADCP1 (Figure 1-B): (A) water depth; (B) $H_{m0}$ in the gravity band; (C) $H_{m0}$ in the IG band; (D) continuous peak (red) and mean (blue) wave periods and (E) power density spectra of observed water levels computed, where the white dashed line corresponds to the adaptive frequency cutoff between gravity and IG bands as described in section 3.

**Figure 3.** Modelled (blue line) against observed (black circle) water depth (A), $H_{m0}$ in the gravity (B) and in the IG (C) bands at PT3/ADCP2.
individual IG waves exceeding 2.5 m (not shown). Figure 4 shows an example of time series of measured water depth at the ADCP2 (Figure 4-A), where the low-pass filtered signal reveals that individual IG waves exceeded 2.0 m and induced cross-shore velocities ranging from $-2.0 \text{ m.s}^{-1}$ (offshore) to $+2.0 \text{ m.s}^{-1}$ (onshore) (Figure 4-B). This figure also shows that alongshore velocities were much weaker (Figure 4-C), with the ratio of the alongshore over the cross-shore IG velocity variance being lower than 10%. The extension of this analysis to the whole ADCP2 dataset reveals this ratio is about $19 \pm 8\%$ (where $\pm$ corresponds to one standard deviation), which means that the IG wave dynamics was dominated by cross-shore motions.

![Figure 4](image-url)

**Figure 4.** Time series of water depth (A), near bottom cross-shore (B) and longshore velocity (C) at 2 Hz (blue) and low-pass filtered (black), measured at the ADCP2/PT3 (Figure 1-C) on the 03/02/2017 at 5h00.

$H_{m0,IG}$ are well reproduced by XBeach, except during the second tidal cycle where a 0.2 m negative bias can be observed (Figure 3), a problem that is also found at the ADCP1 (Figure 2-C). Considering the whole set of intertidal sensors, $H_{m0,IG}$ are reproduced by XBeach with a RMSD of 0.14 m, which corresponds to a NRMSD of 20% (Figure 5-B). To be more specific, $H_{m0,IG}$ are particularly underestimated when the incident short waves have a large directional spreading (i.e. $> 35^\circ$, Figure 5-B), which occurred mainly during the second tidal cycle (Figure 3). While discarding model results for such conditions, the RMSD drops to 0.08 m and the NRMSD to 11%, which corresponds to high predictive skills compared to previously published studies that provide a detailed validation of XBeach [e.g. Van Dongeren et al., 2013; Bertin and Olabarrieta, 2016; Lashley et al., 2018]. The underestimation of IG waves for broad short wave spectra is related to the original surfbeat approach of Xbeach, where the wave energy from different directional bins is simply added up, without considering the interference of the different wave components [Roelvink et al., 2018]. To overcome this problem, Roelvink et al. [2018] recently proposed an alternative approach, where the mean wave directions are calculated first and the short wave energy is then propagated along these directions. However evaluating the recent improvements of
Figure 5. Modelled against observed $H_{m0}$ in the gravity (A) and in the IG (B) bands, where symbol color corresponds to the directional spreading of the incident short waves at the open boundary of the modeled domain (Figure 1-C).

XBeach is outside the scope of this study, focused on the physical processes associated with IG waves.

5.2 Frequency repartition of IG wave energy

In order to investigate the evolution of the IG wave energy frequency repartition with a sufficient spectral resolution, we analyzed 3 h-long time-series of modeled and observed water depth, centered on the high tide of the last tidal cycle (storm Kurt). Incoming and outgoing modeled IG waves were separated using a Radon transform (section 4.3) but the number of intertidal sensors was too limited to apply this technique to field measurements.

Figure 6-A and 6-B show similarities between the modeled and the observed spatio-frequent patterns of IG wave energy in the intertidal zone, with a main peak between 0.01 and 0.015 Hz, a super-harmonic peak around 0.02 and 0.025 Hz and a subharmonic peak between 0.001 and 0.005 Hz. From the beach lower part to the beach upper part, these three peaks slide towards higher frequencies and the lower frequency one totally dominates the power density spectra along the shoreline. Such intriguing patterns were already observed in laboratory experiments of IG waves [Battjes et al., 2004; Buckley et al., 2018] and short waves [Martins et al., 2017] and are explained by interference between incoming and outgoing IG waves, creating nodes and antinodes, whose position with respect to the shoreline varies with the IG wave frequency and the bottom slope. Figure 6-D and 6-E corroborate this hypothesis and show that this pattern disappears in the modeled spectra corresponding to the incoming and outgoing signals. The analysis of the modeled spectra for the incoming signal (Figure 6-D) reveals that, at the shoreface, IG wave energy is mostly located around a first peak at 0.01 Hz and a second broader peak centred around 0.005 Hz. A superharmonic secondary peak is also present around 0.02 Hz. Approaching the shoreline, IG wave energy at higher frequencies decreases while most of the energy is located between 0.002 and 0.006 Hz. The spectra of the outgoing signal (Figure 6-E) suffer less transformation and, compared to the incoming signal, display much less energy at frequencies above 0.015 to 0.02 Hz.

This analysis was extended to the whole studied period based on the mean incoming IG wave period $T_{m02,IG}$ (Figure 7-A), computed from the incoming IG wave signal. For moderate-energy wave conditions, this figure shows that $T_{m02,IG}$ first decreases from about
Figure 6. Spatio-frequential repartition of IG wave power spectral density modeled (A) and observed (B) for the total signals in the intertidal zone and modeled along the studied cross-shore transect for the total (C), the incoming (D) and the outgoing (E) signals.

Figure 7. (A) Spatio-temporal repartition of incoming mean IG wave period $T_{m02,IG}^+$ along the studied cross-shore transect. Modeled against observed time-series of $T_{m02,IG}^+$ and the ADCP2 (B) and the ADV (C).
60 to 70 s in 10 m water depth to about 50 s in 2 m water depth. For a given location along
the studied cross-shore profile, $T_{m02,IG^+}$ exhibits therefore a substantial tidal modulation.
In water depth less than 1 m, $T_{m02,IG^+}$ increases back to 60–70 and even over 80 s at low
tide (Figure 7). Under storm wave conditions (3/02/2017), a different behaviour is observed,
with a continuous increase in $T_{m02,IG^+}$ from about 70 s in 10 m water depth to 90–100 s
in 2 m water depth. In water depth less than 1 m, $T_{m02,IG^+}$ further increases up to 120 s at
low tide. The modeled temporal evolution of $T_{m02,IG^+}$ fairly matches the observations at
the location of the ADCP2 and ADV, with a RMSD of 8 s, corresponding to a 12% error.

5.3 Reflection

The comparison between observed and modeled reflection coefficient $R^2$ shows a good
agreement in the intertidal zone, with a RMSD of 0.12, corresponding to a normalized
error of about 15% (Figure 8-B and -C). Under moderate-energy incident short waves, both
modeled and observed $R^2$ show a strong tidal modulation, with values below 0.2 at low
tide and close to 1.0 at high tide, suggesting full reflection along the waterline. This tidal
modulation substantially weakens under storm wave conditions, with $R^2$ above 0.5 at low
tide along the waterline.

**Figure 8.** (A) Spatio-temporal variations of reflection coefficients $R^2$ computed over the studied
period using a Radon transform [Radon, 1917] and modeled (blue) against observed (circles) time-
series of $R^2$ at the ADCP2 (B) and the ADV (C).

Such a tidal modulation of $R^2$ was already reported by Okihiro and Guza [1995], who
explained the higher reflection at high tide by the steeper slope of the beach upper part.
In the present study, the beach slope increases from about 1:100 in the lower part of the
intertidal zone to 1:25, which could directly explain the observed tidal modulation of IG wave
reflection. Battjes et al. [2004] proposed that IG wave reflection is related to a normalized
beach slope parameter $\beta_H$, defined as:
\[ \beta H = \beta \omega \sqrt{\frac{g}{H}}, \]  

(8)

where \( \beta \) is the beach slope, \( \omega \) is the IG wave angular frequency, \( g \) is the gravitational acceleration and \( H \) corresponds to the height of the incoming IG wave. According to these authors, a large reflection would occur for \( \beta H \) substantially above unity. Considering incoming IG waves of height 0.5 m and frequency 0.01 Hz, \( \beta H \) would increase from about 0.7 at low tide to 3.0 at high tide, which explains the observed tidal modulation of \( R^2 \). Outside the surf zone, model results suggest \( R^2 \) well above unity at high tide, which was already observed in the field by Elgar et al. [1994] and Sheremet et al. [2002]. These authors interpreted this behaviour by the fact that IG waves were gaining energy between their sensors and the shoreline, before being reflected from a steep beach face.

6 Discussion

6.1 Generation mechanisms

The IG waves observed during our field campaign correspond to the largest values reported in the literature [Ruessink, 2010; Fiedler et al., 2015; Inch et al., 2017], while our adaptive frequency cutoff to separate gravity and IG bands is more conservative than the fixed frequency cutoff used in these studies. At gently sloping beaches, it is usually admitted that IG waves are generated through the bound wave mechanism [Battjes et al., 2004; Inch et al., 2017; Bertin et al., 2018].

![Figure 9](image-url)  

Figure 9. Modeled incoming IG wave height \( H_{m0, IG+} \) in the baseline simulation (A), the bound wave case (B) and the breakpoint case (C). The black dotted line corresponds to the offshore limit of the surf zone, as defined in section 4.2.

Considering the analytical solution proposed by Hasselmann [1962] to compute the bound wave based on directional wave spectra, energy transfers from the gravity band to the IG band increase when the wave energy is large and distributed over narrow spectra.
Therefore, the very energetic and narrow-banded swell associated with the storm Kurt would directly explain the development of such large IG waves. In order to verify this hypothesis, we compared the incoming IG wave heights $H_{m0,IG}$ computed from our baseline simulation with those computed from simulations where only either the bound wave or the breakpoint mechanisms were represented (see section 4.2). This comparison reveals only modest differences between the baseline simulation (Figure 9-A) and the simulation where only the bound wave is considered (Figure 9-B). Conversely, the simulation where only the breakpoint mechanism is considered (Figure 9-C) shows much smaller IG waves, with $H_{m0,IG}$ ranging from 0.1 to 0.2 m during first three tidal cycles and 0.4 m around the peak of the storm. This analysis confirms that IG waves were mostly generated through the bound wave mechanism, independently from the tidal phase or the incident short-wave energy.

In accordance with this first finding, the modeled incoming IG waves are negatively correlated with the short wave energy envelope (hereafter WEE, Figure 10-A). Strongest correlations are found from the breaking point up to water depths of about 12 m, with coefficients ranging from -0.4 to -0.9 over the studied period (always significant at 95%, mean $-0.54 \pm 0.16$). In more details, the strongest negative correlations are not found at zero lag and incoming IG waves are lagging behind the WEE by a few seconds. Figure 10-B shows the modeled spatio-temporal evolution of the normalized phase lag between incoming IG waves and the WEE, shifted by $\pi$ for the sake of readability. For moderate-energy incident conditions, this phase lag continuously increases from about $\pi/20$ by 10 m water depth to about $\pi/5$ by 4 m water depth, which corresponds to the beginning of the surf zone. In the inner surf zone, the correlation cancels out and then switches to positive (Figure 10-A), due to the modulation of short wave heights by IG waves, a process that is well documented [Guza et al., 1984; Tissier et al., 2015; Inch et al., 2017].

![Figure 10](image.png)

**Figure 10.** (A) Modeled correlation coefficient between the WEE and incoming IG waves and (B) modeled normalized phase lag, shifted by $\pi$ (i.e. phase lag in radians shifted by $\pi$ and then normalized by $\pi$) between incoming IG waves and the WEE. The black solid lines correspond to isolines of the mean water depth.

For storm wave conditions, a phase lag of about $\pi/10$ is already present by 10 m water depth (i.e. 3000 m from the shoreline, Figure 10) and increases up to $\pi/5$ at the beginning of...
the inner surf zone. According to Van Dongeren et al. [2007], this phase lag enhances energy transfers from the short waves to the IG waves. Due to the gentle slope of the studied beach, this process is active over several kilometers under storm waves, which would explain the development of such large IG waves. However, our field dataset entails several limitations that prevent from verifying these values. First, the ADCP1 was located more than 3000 m from the intertidal profile, which implies travel times of IG waves ranging from 400 to 500 s, depending on the tidal phase. Over such a long distance/duration, IG waves suffer multiple transformations (see next sections) so that we were unable to correlate the offshore WEE with the IG waves at the intertidal sensors. Second, the width of the surf zone ranged from 200 m to more than 3000 m, so that the intertidal sensors were always located inside the surf zone, where the correlation between IG waves and the WEE is biased positively as explained above.

6.2 Energy transfers

In order to better explain the spatio-temporal repartition of IG wave energy, source terms for nonlinear energy transfers between IG wave frequencies $S_{nl}$ were computed using bispectra following Herbers et al. [2000] based on 24 h-long runs corresponding to moderate-energy and storm conditions, both at low and high tide (Figure 11). This figure reveals that, at high tide, substantial energy transfers from frequencies in the range 0.01-0.03 Hz towards higher frequencies start to occur about 200 m from the shoreline (Figure 11-A). At low tide, similar energy transfers occur but starting about 500 m from the waterline (Figure 11-B). Surprisingly, the overall patterns of energy transfers are not very different for storm conditions, except that they affect lower IG wave frequencies (0.002 Hz to 0.02 Hz) (Figure 11-C and -D). Note that for these high-energy cases, the overall patterns are shifted onshore because the mean water level is higher due to a larger wave setup.

![Figure 11. Source terms for nonlinear energy transfers between IG wave frequencies along the studied cross-shore profile computed for each frequency following Herbers et al. [2000] over 24 h stationary runs for moderate and high-energy conditions, both at low and high tide.](image-url)
For moderate-energy wave conditions, the cross-shore evolution of $S_{nl}$ (Figure 11-A and -B) suggests that the decrease in mean incoming IG wave period $T_{m02,IG^+}$ with the water depth (Figure 7) and its subsequent tidal modulation is explained by energy transfers from principal components to higher harmonics via non-linear coupling between triads. In shallow depth (i.e. less than 1 m), the increase in $T_{m02,IG^+}$ is explained by the breaking of the higher-frequency IG waves, a process well supported at gently-sloping beaches by field observations [De Bakker et al., 2014; Inch et al., 2017], laboratory experiments [Battjes et al., 2004; Van Dongeren et al., 2007; Padilla and Alsina, 2017] and numerical modelling [Ruju et al., 2012; De Bakker et al., 2016b; Mendes et al., 2018]. For storm wave conditions, a different situation occurs, where $T_{m02,IG^+}$ continuously increases across the surf zone, so that $T_{m02,IG^+}$ almost doubles from 10 m water depth to the shoreline (Figure 7). While the increase in $T_{m02,IG^+}$ close to the shoreline can also be attributed to the breaking of the highest frequency IG waves, an additional mechanism should be active in intermediate water depths where IG waves cannot break. Indeed, classical interactions between pairs of frequencies could hardly explain this behaviour as the computation of $S_{nl}$ reveals virtually no energy transfers towards very low frequencies, as for moderate-energy conditions (Figure 11). Analyzing field observations collected under storm waves at a steep rocky shore in western Brittany, Sheremet et al. [2014] reported the development of 300 s period IG waves along the shore. These authors applied a phase-resolving triad numerical model, which failed to reproduce such low frequency IG waves and concluded that, as in the present study, it does not result from classical non-linear triad interactions.

Figure 12. Timestack sample of modeled incident surface elevation ($\eta_{IG^+}$) along the studied cross-shore transect around high tide for (A) moderate incident energy and (B) high-energy (storm Kurt). Numbers correspond to IG wave crests and the dashed black lines correspond to the troughs of the WEE, automatically detected at $x = 3000$ m and then computed across the surf zone.

While the development of IG wave super-harmonics at gently-sloping beaches is reasonably well documented in the literature and explained through IG-IG nonlinear interactions [Elgar and Gaza, 1985; De Bakker et al., 2015, 2016b; Inch et al., 2017; Padilla and Alsina, 2017], the transfer of energy towards subharmonic frequencies received much less attention [De Bakker et al., 2016b]. To further look into this phenomenon, we analyzed timestack samples of modeled incoming free surface elevation, close to high tide under moderate energy (first tidal cycle) and storm waves (fourth tidal cycle, storm Kurt) (Figure 12-A and -B). On this figure, the troughs of the WEE were automatically detected at $x = 3000$ m and their location was then computed across the surf zone using the wave group velocity $C_g$, given by the linear wave theory and the representative frequency used in XBeach, which corresponds to $1/T_{m-1.0}$. For moderate energy, Figure 12-A shows that IG wave crests 1 to 12 follow the WEE troughs, which means that they propagate at $C_g$ and shows that
they are bound to the wave groups. This behaviour illustrates the dominance of the bound wave mechanism in IG wave generation, as explained in section 6.1. This situation strongly contrasts with storm wave conditions, where IG wave crests depart from the WEE troughs at different locations across the surf zone, meaning that they no longer travel at $C_g$ but behave as free waves (Figure 12-B). For instance, focusing on the IG wave crests number 1 to 4, crest 1 seems bound to the wave group until $x = 500$ m, crest 2 and 4 until $x = 2300$ m and crest 3 until $x = 1000$ m. Although less impressive, this process can also be observed for IG wave crests 6 and 10. Considering a mean water depth of 12 m at $x = 3000$ m and a representative frequency of 0.064 Hz at the time of Figure 12-B, bound IG waves propagate at $C_g = 9.8 \text{ m.s}^{-1}$ while free IG waves propagate at $10.84 \text{ m.s}^{-1}$. Whereas such differences only represent 11% and further less when approaching the coastline, they result in travel-time differences ranging from 25 to 30 s once integrated over such a large surf zone. This allows the merging of individual crests into longer-period IG waves close to shore, as for instance crest 2 with crest 1 and crests 4 with crest 3 (Figure 12-B). A closer look at the model results however suggests that the behaviour of the near-shore IG wave-field is more complex. For instance, new IG wave crests appear inside the surf zone, such as between crests number 2 and 3 at $x = 1500$ m or between crests 11 and 12 at $x = 2300$ m. As these IG wave crests coincide with the crests of the WEE, they may correspond to free IG waves generated through the breakpoint mechanism [Symonds et al., 1982]. This hypothesis is supported by Figure 9-C, which shows that the breakpoint mechanism is active 2000 m from the shoreline under storm waves. Future studies based on extensive field measurements and/or phase resolving models will have to investigate the detailed processes responsible for IG wave merging and the possible contribution of breakpoint-generated free IG waves.

Small beach slopes and resulting wide surf zones exacerbate this process as it provides individual IG waves with more time to travel at slightly different speed and catch up with one another. Although it could not be evidenced here, a modulation of individual IG wave celerity by longer IG waves might also be possible in this region of the shoreface [Tissier et al., 2015], which would also promote the merging of individual waves. Ultimately, we propose that the interactions of incident bound and free IG waves along the gently sloping shoreface of Oléron Island explain the increase of the incoming IG wave period by a factor of two across the surf zone under storm waves (Figure 7). This mechanism also suggests that the frequency of IG waves close to shore is not only controlled by the shape of the incident short wave spectra [i.e. Hasselmann, 1962] but also by the width of the surf zone and hence the slope of the beach. This mechanism will have to be verified in the field, although instrumenting a surf zone several kilometre-wide is very challenging.

6.3 Implications for other studies

In this study, we observed reflection coefficient $R^2$ to be very high for a dissipative beach. For instance, De Bakker et al. [2014] and Inch et al. [2017] reported values for $R^2$ of the order of 0.5 or below for beaches of comparable mean bottom slope. The presence of a steeper upper beach in Saint Trojan can explain the higher reflection observed at high tide, but not at low tide under storm wave conditions, where $R^2$ hardly drops below 0.5. We propose that the high reflection that we observe under storm waves is related to energy transfers towards subharmonic frequencies (section 6.2), so that the resulting 200 to 300 s period IG waves are too long to suffer a substantial dissipation, even when propagating over a mild slope. Albeit not addressing the underlying mechanisms, a few other studies reported the development of IG waves with frequencies around 0.005 Hz under storm waves and suggested that they had a key role in runup [Sheremet et al., 2014; Ruggiero et al., 2004]. Indeed, such low frequency IG waves suffer less dissipation when propagating in shallow depth and may therefore propagate farther inland and induce larger damages in low-lying coastal zones compared to higher-frequency IG waves. The generation of low-frequency IG waves through merging of bound and free waves across wide surf zones appears therefore as a process of key importance and will have to be investigated at other sites, such as the very gently sloping coastlines of Bangladesh, which are extremely vulnerable to flooding under tropical
hurricanes [Krien et al., 2017]. This process should also be investigated at large estuaries and tidal inlets, where the ebb deltas can drive the development of kilometer-wide surf zones.

Besides, it is nowadays well admitted that free IG waves in the ocean are the main source of background-free oscillations of the solid earth, also referred to as ”the hum of the Earth” [e.g. Rhie and Romanowicz, 2006; Webb, 2007]. As better understanding the generation of the hum could help refining the use of microseism background signals to investigate the structure of the solid Earth, understanding IG wave reflection along the coast is of key importance. Correlating deep ocean pressure measurements with short-wave bulk parameters over the North Atlantic Ocean, Crawford et al. [2015] proposed that the main source for free IG wave generation was located between the Western part of the Iberic Peninsula and NW Africa, namely because they display steep beaches. Our study suggests that strong reflection can also occur along dissipative beaches under storm waves, which will have to be considered in future studies on deep ocean IG waves.

7 Conclusions

This study aimed at improving our understanding of the generation and transformation of IG waves, combining an unpublished data set with numerical modeling. The development of exceptionally large IG waves was primarily explained by very energetic and narrow-banded incident short waves associated with the storm Kurt. The analysis of model results revealed that the bound wave mechanism was clearly dominant over the breakpoint mechanisms in the generation of IG waves. Model results also showed that the gently sloping shoreface of the study area leads to the presence of a phase lag between IG waves and WEE over several kilometers under storm waves, which certainly enhanced IG wave generation through a dynamic shoaling, although our dataset did not allow to further analyze this process. The XBeach modelling system was found capable of reproducing the generation and transformation of such IG waves, which is an important result as XBeach is becoming more and more popular while detailed hydrodynamic validations are lacking under storm conditions. Model results and field observations revealed that large energy transfers occur in the IG band across the surf zone, with the development of superharmonics but also the transfers of energy towards subharmonic frequencies. While the former behaviour is reasonably well documented in the literature and explained by non-linear coupling between triads, the latter was reported in a few studies only and we propose that it is (at least partly) related to the merging of IG waves across the surf zone. According to our modelling results, IG wave merging seems to be related to the combination of free and bound IG waves in the surf zone, traveling at different celerities over a long distance. This mechanism will have to be verified on the field and is potentially of key importance under extreme storms, because low-frequency IG waves suffer little dissipation and may therefore propagate farther inland and induce larger damages compared to higher frequency IG waves. This mechanism also results in IG-wave reflection surprisingly high for a dissipative beach, which has implications for future studies on deep ocean IG waves.

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